

LAWSON ROSEMARY AKUDO

SUMMARY

A companionate caregiver with a sensitive approach to providing care for clients and focusing on promoting an individual's personal growth.

CONTACT

PHONE:
250-879-6386

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ADDRESS: 1014 Lethbridge Avenue,
Kamloops, BC.

SKILLS

Team leadership
Self-starter
Creative problem solving
Compassionate care
Good listening skills
Personal care assistance
Flexible & adaptable

CERTIFICATES

- Food Safe Level 1 certificate
- Occupational First Aid Level 1

References on request

EDUCATION

- Masters in Human Rights and Social Justice Sept 2024 till December 2025, Thompson Rivers University, Kamloops, BC
- Post Graduate Diploma Business Administration 2024, Thompson Rivers University, Kamloops, BC
- Gender, Conflict and Development Studies 2020, University of Port Harcourt, Nigeria

WORK EXPERIENCE

Kamloops Society for Inclusion- Casual

Nov 2024 – to date

- Reviewing and evaluating individuals' progress and adjusting support plans and schedules as required.
- Assisting individuals to be more independent in the community through skill building, modelling, and creating unpaid natural supports.
- Identify social, recreational, employment and educational opportunities in the community that will meet the individual's needs to create unpaid natural relationships.

Community Support Worker - Casual Prima Enterprises

March 2024- To date

- Personal care
- Medication Administration
- Taking clients to appoints and programs
- Meal preparations, laundry, shopping and keeping inventories
- Housekeeping
- Report writing and record keeping
- Ensuring strict adherence to policies and procedures
- Assisting with the organization and coordination of recreational and social activities to promote residents' physical and mental well-being.

Care Giver

Nurse Next Door, Kamloops

October 2023 to September 2024

- As a caregiver to persons with diverse needs, I am responsible for their daily care and well-being. This includes feeding, administering tube feeding, monitoring their condition, personal care routines and ensuring proper sanitation.
- Food preparation
- Housekeeping duties as required by each client.
- Providing companionship.

Program Officer

Port Harcourt Safe Home

January 2019 - December 2021

- I provided emotional assistance and counselling to over 100 survivors and their children. I helped them reduce their stress levels, increase their self-esteem, and improve their relationships with others.
- By assisting survivors in accessing various services and resources, I enabled them to meet their basic needs, protect their rights, and enhance their opportunities for growth and development.
- I designed and implemented projects and events that improved victims' and their kids' mental health, empowerment, and freedom, I fostered a sense of community, belonging, and support among the survivors and their children.

